

**2<sup>nd</sup> Annual**

# Mill Pond 5k and Family Fun Run [www.millpond5k.org](http://www.millpond5k.org)



**When: Saturday May 12, 2012**  
**Where: Somers Academy 41 School Street, Somers, Ct**  
**A USATF Certified Course with chip timing**

<b>8-9:00am Check-in and Registration</b>	<ul style="list-style-type: none"><li>▶ Free T-shirt to runners pre-registered by April 30, 2012</li><li>▶ Prizes for 5K winners and medals for child participants</li><li>▶ Raffles and fun for the entire family in scenic Somers</li><li>▶ Proceeds benefit Somers Academy - The Grammar School Scholarship Fund and playground bench honoring Aidin Hannan</li></ul>
<b>8:45am Mill Pond Fun Run-</b> Short distance races for young children	
<b>9:00am Mill Pond 1 mile Family Run-</b> Walk, run and have fun!	
<b>9:30am Mill Pond 5K Run</b> -Cash prizes for top three male and female winners. Registered walkers welcome	

## Mill Pond 5k Registration Form

One entry form per individual runner or online at <http://www.thelastmileracing.com>. Each adult entrant may register one child at the child price. Additional children may be registered on a separate form at the regular price. Please include non-refundable entry fee with signed application. Make checks payable to: "Somers Academy" and mail to "Mill Pond 5k" P.O. Box 443 Somers, CT 06072.

**Adult Entrant: Name** \_\_\_\_\_ **Age on Race Day** \_\_\_\_\_ **M / F (circle)**  
**Address** \_\_\_\_\_ **Town** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_ **Phone** \_\_\_\_\_  
**Child entrant: Name** \_\_\_\_\_ **Age on Race Day** \_\_\_\_\_

### Choose Your Race!

- Adult: 5k, Family and Fun Run: \$17.00 after 4/30/12 – \$20.00**
- Child: 5k, Family and Fun Run: \$7.00 after 4/30/12 – \$10.00**
- Family and Fun Run only: \$7.00 after 4/30/12 - \$10.00**

**Total included:** \_\_\_\_\_

Each entrant registered before 4/30/12 receives a free official race T-shirt please indicate quantity and size:

**T-Shirts:**  1  2  
**Size: Child**  S  M  L  
**Adult**  S  M  L  XL

Please enter me as a participant in the Mill Pond 5k and Family Fun Run. My entry fee is enclosed. In signing this form, I, myself, my heirs, executors and administrators release Somers Academy the Grammar School and affiliates, TGS PTO, town of Somers, the race directors, volunteers and all sponsors of this race from all liability in the case of death or injury received as a result of participation in this event. In the case of a minor (under 18), this form must be signed by the parent or guardian of the entrant.

**Signature Required Adult Entrant** \_\_\_\_\_

**Signature of Parent or Guardian of Minor Entrant** \_\_\_\_\_